



ReSPECT

Recommended Summary Plan for Emergency Care and Treatment

**Easy read information for patients,
parents, partners and families**



5. Where can you find out more about ReSPECT and making recommendations? ReSPECT-3



The ReSPECT website has videos, advice and education support.
www.respectprocess.org.uk



It may help you to know the law about making care decisions.



If you live in England or Wales, see:
<https://www.nhs.uk/conditions/social-care-and-support/mental-capacity/>



If you live in Scotland, see:
<https://www.mwcscot.org.uk/the-law/adults-with-incapacity-act/medical-treatment/>



Do you want to make sure that you will not get some treatments in future?



ReSPECT can make sure that health care workers know what is important to you, but it is not the law for healthcare workers to have to follow it.



There are ways you can make sure that healthcare workers have to follow what is important to you.



In England and Wales, you can complete an Advance Decision to Refuse Treatment.



If you live in Scotland, you can write an Advance Directive.



You can only do this if you are able to make the decisions yourself and you have **capacity** to do so.



For further information go to www.respectprocess.org.uk